

# Mantren & Lieder



1 OM TARE TUTARE TURE SVAHA

2 ZUFLUCHT - Version I

OM 3x

Buddham saranam gacchami

Dhammam saranam gacchami

Sangham saranam gacchami

3 ZUFLUCHT – Version II

OM 3x

Buddham saranam gacchami	2x	}	3x
Dhammam saranam gacchami	2x		
Sangham saranam gacchami	2x		

Namo tassa bhagavato, namo tassa bhagavato 2x

Arahato samma sambuddho, arahato samma sambuddho 2x

4 ANOTHER WORLD

Another world is not only possible

She's on her way

On a quiet day, on a quiet day

I can hear her breathing, hear her breathing, hear her breathing...

Text: Arundhati Roy, Musik: Diane Kaplan

5 ANG SAM WAHE GURU

6 ONG NAMO GURUDEV NAMO 4x

Dann Kirtan: Gurudev gurudev namo

7 OMA HUNG

Om ah hung benza guru pema-a-a-a siddhi hung

8 OM MANI PEMME HUNG

9 MOOLA MANTRA

Om Sat-Chit-Ananda Para-brahma Puru-shot-tama Para-matama  
Sri Bhagavati Sametha Sri Bhagavate Namaha 2x  
Hare om tat sat Hare om tat sat  
Hare om tat sat Hare om tat sat 2x

10 E MALAMA

a) E malama Ika heiau  
E malama Ika heiau  
E malama pono Ika heiau -- Eeeeeee! 2x

b) Earth and sky, sea and stone  
Hold this land in sacredness 2x

11 HO'OPONOPONO: HAWAIIANISCHES VERGEBUNGSLIED

Es tut mir leid  
Bitte vergib' mir  
Ich liebe Dich  
Und danke Dir

Musik: Philipp Richter

12 FRIEDENSLIED (Kanon)

Frieden wünsch' ich mir  
Und Frieden wünsch ich Dir  
Frieden für uns alle  
Und für die ganze Welt.

13 Medizinbuddha-Mantra

Teyata Om Bekandze Bekandze  
Maha Bekandze Radza Samugate Soha

